

Speak Out Now! At Alta Bates 5-14-18

Me Too is Nothing New

Every day in a workplace people make inappropriate comments about women, or they don't respect boundaries. This year we saw high profile cases with actresses and businessmen all over the headlines. But at a place like Alta Bates, most everyone knows, and definitely every woman knows, that men push things too far all the time. Maybe they're doing it just because it's how things have always been. Don't they have daughters? Mothers? Sisters? Regardless, enough is enough. Me Too is nothing new, and it's not just for big names – it's time for all of us, men and not just women to step up and say what's wrong is wrong and needs to stop.

Living at Home

Lots of younger people can't live like their parents did. How could they? To own a home in the Bay Area you need a six figure salary. Maybe at a place like Alta Bates people pull a good paycheck and can rent a place. But a lot of younger people, some of our children, end up living at home as adults.. The system is broken if it doesn't even let people grow up and get on with their lives anymore.

Understaffed, Overworked, Disrespected

Is this how work has to be? We are all overworked, our departments are understaffed, and everyone feels disrespected. And work is where we spend 90% of our lives! It's not rocket science – more staff, more time to get things done, and respect for people's lives, family responsibilities – that's what we need.

How to get a 20% Raise

Arizona teachers just went on strike across the state. What did they get? A 20% raise over three years. Years of voting for the "right" politicians, asking nicely, and playing by the rules didn't work. The strike did. We should all learn a lesson from these teachers.

Come Talk to Us!
We will be at Alta Bates Hospital
Tuesdays, 6:30am - 8:00am
Tuesdays 2:30 - 4:00pm

Joint Commission Returns

The Joint Commission is coming back to review the hospital. The facts still aren't clear but what's certain is that like whenever there's a screw up at any job, the ones who get blamed are the workers. What is never questioned is the conditions, especially the main problem we all know – staffing.

Going Along With It Isn't Right

In any workplace people joke and mess around. A lot of times people say things they wouldn't say in public. They make jokes with a humor that puts down groups of people – minorities, gay people, women and people with many other specific identities. Like Trump's "Grab them by the pussy" comment, people say "It's just locker room talk." If it rubs us the wrong way and we want to say something we should. Bashing people is a way to strengthen stereotypes. We shouldn't just go along with something we know is wrong. We need to be conscious of what we say,

Support the Speak Out Now! Newsletter

We will be taking donations the
week of 5/14 and the week of 5/21

This newsletter is supported by
funds from the workers
at Alta Bates.

