The Sutter Shuffle
Nurses at Alta Bates have to do a different dance every week because the steps are constantly changing. It’s the Sutter shuffle! What’s your schedule this time? Different from the last time! How do you plan your life this way with a shifting schedule and not much certainty? Doing the Sutter Shuffle leaves you tired and scrambled. Why does management do it? Because they know they’re paying less than Kaiser, John Muir and other hospitals, and a regular schedule would let nurses pick up shifts at those places. That’s the real tune they’re playing when they make us dance the Sutter Shuffle – controlling our lives and maximizing their profits!

Workers vs. the Machine
Some of us workers try to find better ways to get work done. It makes our lives easier to get things done! But it always comes at a price. Maybe things run more efficiently, and so management doesn’t need us any more. And if the technology improves, it can eliminate jobs, because the boss says “Good, we don’t need you anymore!” What a ridiculous situation. We need a society run by workers so that better working conditions and better technology mean less work for everybody, not less jobs for everybody and more work for some people.

Since When is Being Sick a Vacation?
It used to be that sick leave and vacation time off were kept in separate categories, and that makes sense. No one plans their vacation like, “I’m gonna get the flu and chug a lot of orange juice and it’s gonna be great!” But in recent years, the rules have changed, now everything is PTO – paid time off. So whether your sick, dealing with a family emergency, or going to a ball game, it’s all PTO. Since when is being sick a vacation? And now with flex days we have to take time when THEY want. At the end of the day, it’s what we all know they want – our time, whenever they want it.

Speak Out BBQ – June 30th
Tickets $5, free for children 12 and under. Ask your Speak Out person for tickets, you won’t want to miss this! Good food and good conversation! Activities for children! Sports, Presentations and more…

Come Talk to Us
6:30AM-8:00AM and 3:00PM-4:30PM
Wednesday